



# "The Downtowner"



KIWANIS CLUB OF ROCHESTER

ROCHESTER, MN.

[www.kiwanisroch.org](http://www.kiwanisroch.org)

May 19, 2018

## Coming Programs

May 24 Diversity & Inclusion  
May 31 Club Meeting as Whole.



The Circle of Service

For May is Al Lun, Don Borcharding and Dan Moore

The Circle for June will be Bill Kalmes, Don

Borcharding(?) Del Lawson, and Paul Austinson. (Circles should send Clare their programs as quickly as possible so they can be included in the Downtowner.)

Stay alert for signup opportunities online at

[www.kiwanisroch.org](http://www.kiwanisroch.org)



## Expense Report:

Meetings will be at the Hilton next door to Saints on Second Restaurant. This is the 'Default' meeting room.

\*\*\*This week only, May 24, we will meet in room behind Saint's Restaurant

\*\* Keep in mind that the last meeting this month will be a "meeting of the whole" for the membership. Come share your thoughts. May 31



## Pancakes 2018

As usual, due in large part to Charlie and Del, the Pancake affair was once again a success. The 'final' figures are in now in. But, remember that there is always a little trickling in later. This is the good news:

Income        \$3250.00

Expense       \$756.00

Net            \$2494.00 which has been transferred to the CE account for use on the club services to children, students, etc.

In the Expenses was a \$200 contribution to the Legion for using their facility. They had not made a specific charge. Of course, that facility will be razed this year, so we will move again next year. Del said that he felt this was one of the easiest years, logistically, in his opinion. Always good to hear. Thanks a ton to Del and Charlie for their leadership in this project!

ACTIVE MEMBERS	Home	Office or Cell
***Anderson, Margaret (Peggy) <a href="mailto:panderson126@charter.net">panderson126@charter.net</a>	288-3985	
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Graham, Charlie**** <a href="mailto:Cgraham120@charter.net">Cgraham120@charter.net</a>	288-8525	358-8567
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Ilvedson, Ronald <a href="mailto:peterturkel@gmail.com">peterturkel@gmail.com</a>	529-0551	
Jorgenson, Austin <b>Secretary</b> <a href="mailto:Austj4@gmail.com">Austj4@gmail.com</a>	413-2134	
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Maddox, Colleen <a href="mailto:landherrmaddox@gmail.com">landherrmaddox@gmail.com</a>	287-0318	280-7911 (cell)
McClocklin, Bob <a href="mailto:mcclocklin@charter.net">mcclocklin@charter.net</a> (Webmaster Assoc.)	288-7772	cell 358-2401
Moore, Dan** <b>Club Jester</b> <a href="mailto:Dmoore1014@aol.com">Dmoore1014@aol.com</a>	923-4796	
Nehring, Irv <a href="mailto:inehring@frontiernet.net">inehring@frontiernet.net</a>	775-6857	cell 226-1494
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Oesterle, Scott <a href="mailto:scottoesterle@MSN.com">scottoesterle@MSN.com</a>	610-533-2685,	282-7502
Schultz, Bonnie <a href="mailto:bonnies@uwolmsted.org">bonnies@uwolmsted.org</a>	280-6078	529-4830
Tompkins, Mary <b>Co-Vice President</b> <a href="mailto:Mtompkins14@charter.net">Mtompkins14@charter.net</a>		252-9746 cell 273-5012
Warren, Clare, <b>editor, Treas.</b> <a href="mailto:Clarew60@gmail.com">Clarew60@gmail.com</a>	254-2087	
Weltzin, Dick <a href="mailto:weltzin@msn.com">weltzin@msn.com</a>	288-2390	

21 Active members as of January 8, 2018

\*Senior Member    \*\*Privileged Member    \*\*\*Honorary Member  
\*\*\*\* Senior & Long Term Perfect Attendance  
\*\*\*\*\*Life Member

The preceding list reflects the official roster of active members according to Kiwanis International. If a name is missing or one is present that should not be, please let C. Warren know.

**PRIVILEGED & HONORARY MEMBERS**

\*\*\* Jim Bouquet 651-560-4292  
\*\*\* Bob Fiss 288-7480

The Kiwanis Club of Rochester meets every Thursday at the Meeting Room in the Hilton Hotel adjoining the Saints on Second Restaurant. Parking is free at rear of hotel & under the structure. Meetings last about one hour. Lunch is a buffet including an entree, fruit, salad, and drink for (\$13.50 )

**Newsletter Changes**

Remember to call **Clare Warren at 254-2087** if you have anything you feel is newsworthy. We are trying to get the newsletter out every other week. It can be effective if you feed in the right information. Feel free to contribute something for publication!

**Be sure to read the roster once in awhile and report any errors to C. Warren**

**Why not!** If you have a computer, why not try to receive the **Kiwanis Newsletter via e-mail**. It is a quick and easy way for us to get the letter to you on time. We now have **21 ACTIVE** members receiving it regularly. They enjoy the ability to get it in **COLOR**.

at [www.kiwanisroch.org](http://www.kiwanisroch.org)    **2017-18**

David Nelsen  
Roger Krsnak    *Co- Presidents*  
Dan Carlson    *Immed. Past President*  
Mary Tompkins & Linda Hull    *Co-Vice Presidents*  
Clare Warren    *Treasurer*  
Austin Jorgenson    *Secretary*



**Committees**

**Club Rep to District** Dan Carlson  
**Membership, Growth & Education**  
*Roger Krsnak, Charlie Graham, Del Lawson, Paul Austinson*  
**Public Relations** Mary Tompkins, Colleen Maddox, Ron Ilvedson, Al Lun  
**Community Services**  
*Dan Moore, Austin Jorgenson, Bonnie Schultz, Bill Kalmes, Bob McClocklin*  
**Youth Service & YCPO**  
*Chair, Dick Weltzin, Mary Tompkins, Don Borcherding,*  
**Programs**  
*Circles of Service*  
**Human and Spiritual Values**  
*Colleen Maddox, Dan Carlson*  
**Finance** Irv Nehring, Chair., , Clare Warren, Bill Kalmes, Linda Hull  
**Donations/Charities** Dave Nelsen, Chair, Scott Oesterle

**District & International web sites:**

[www.kiwanis.org](http://www.kiwanis.org)  
[WWW.MNDAK.ORG](http://WWW.MNDAK.ORG)

***Kiwanis is a global organization of volunteers dedicated to improving the world one child and one community at a time.***



**Courtney  
Lawson,  
Exec. Dir. Of  
NAMI,**

Spoke to our group on the 10<sup>th</sup>. Her powerful story as director of National Alliance for Mental Illness became a very

personal story. She sensed as early as High School, that she had feelings that were not 'normal'. In college she got seen professionally and ultimately was diagnosed and treated for bi-polar.

College and alcohol were more early signs of problems. She tried to tell of the many levels of mental illness and how we need to recognize and get treatment early, if we expect success. Courtney found after her diagnosis, that there were other cases in her family tree.

NAMI attempts to build a 'support' system, not professional treatment. Some stages of the illness are Acute—Urgent—Intensive—Maintenance—Recovery. The ER is for Emergency care only. Rochester has good facilities for further care.



Alex Sedlack, Mayo HS



Madison Stevens, Key Club



Courtney Magerian, Lourdes HS

These are the 3 students who received \$750 scholarships from our club. You may need to switch the girl's labels. They will receive the actual money when they are enrolled and send us their information. We will then send the checks to the respective colleges.

\*\*\*\*Cindy Kerr was Linda's guest once again. Her intention is to join us officially soon.



## New Naval Ship female quarters regulations

Department of the Navy is now assigning females to quarters in a separate private "OFF LIMITS" area on all aircraft carriers.

While addressing all personnel at Pearl Harbor, CINCPAC advised, "Female sleeping quarters will be "out-of-bounds" for all males. Anyone caught breaking this rule will be fined \$50 the first time."

And the Admiral continued, "Anyone caught breaking this rule the second time will be fined \$150.

Being caught a third time will cost you a fine of \$500.

Are there any questions?"

At this point, a US Marine from the security detail assigned to a ship stood up in the crowd and inquired:

"Sir, how much for a season pass?"

God bless the Marine Corps!



VectorStock

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View is full screen mode.

**Wife:** "So, what did you do today - ??"

**Husband:** "I changed a light bulb"

**Wife:** "That's all"? I did the laundry, vacuumed the house, cooked three meals, and more, and you changed a light bulb?"

**Husband:** "Yea, but I filmed it."

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