

"The Downtowner"



ROCHESTER, MN.

www.kiwanisroch.org

April 28, 2017 **Coming Programs**

May 4 Jim Bouquet. Former member. On retirement and/or travelling with 4 brothers May 11 Dr. Lai....Complete Health Improvement May 18 Students of the Month May 25 Steve Borchardt...Rochester Area Foundation/Housing







Circle of Service for May is: Roger Krasnk, Al Lun, and Del Lawson. The Circle in June is Scott Oesterle, Bill Kalmes and Paul Austinson. (Circles should send Clare their programs as soon as possible so they can to have them included in the Downtowner.)

Stay alert for signup opportunities online at www.kiwanisroch.org



Expense Report:

No significant expenses since last issue Pancake Income dribbling in......\$2500, (\$2050 turned in by Charlie) to date \$3000 from Hockey for C & E account. Remember that we hope all members will support this by buying at least one book of tickets for \$40. You can give them to some needy group if you don't want to sell them. Alert! We have to meet at the Hilton Garden Hotel this coming Thursday May 4th! I have contacted the speaker to be sure he knows



We will remind all members several times in this issue. We will meet at the Hilton Garden Inn this coming Thursday, May 4.



Dr. Jacob Jentzer spoke to us this week on the topic of 'Cardiac Arrest'. It was not a lecture on the definition, but related to a study he and others are doing on "when"

to do a certain procedure following the 'arrest event'. It seems that most cardiologists agree that heart catheterization is a needed invasive procedure following the cardiac arrest unless the person is 'obviously' too sick to chance it. Whether to do the heart cath at 3 hours, which might be in the middle of the night and creates a logistics problem of getting personnel and their alertness, or, is it safe and/or more effective to do it 6 hours after the event. It was interesting to hear all the ethics involved in decisions like this. Mayo follows 'informed consent' rules, which can be problematic in emergencies. He was working at getting 'Community Consent' when no one is available otherwise. Dr. J told how to opt out of this decision. Interesting material of which most of us are unaware.

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22 Active members as of November 1, 2016

*Senior Member **Privileged Member ***Honorary Member ****Senior & Long Term Perfect Attendance

*****Life Member

The preceding list reflects the official roster of active members according to Kiwanis International. If a name is missing or one is present that should not be, please let C. Warren know.

<section-header> Newsletter Changes Remember to call Clare Warren at 254-2087 if you have anything you feel is newsworthy. We are trying to get the newsletter out every other week. It can be effective if you feed in the right information. Feel free to contribute something for publication! Be sure to read the roster once in awhile and report any errors to C. Warren Why not! If you have a computer, why not try to receive the Kiwanis Newsletter via e -mail. It is a quick and easy way for us to get the letter to you on time. We now have 24 ACTIVE members receiving it regularly. They enjoy the ability to get it in COLOR. At www.kiwanisroch.org 2016 Dan Carlson President Linda Hull & Del Lawson President David Nelsen Vice Presidents Austin Jorgenson Secretary Club Rep to District Dan Carlson Roger Krsnak, Charlie Graham, Del Lawson, Paul Austinson Mublic Relations Mary Tompkins, Colleen Maddox, Ron Ilvedson, Al Lun Ommunity Services Dan Moore, Austin Jorgenson, Bonnie Schultz, Bill Kalmes, Bob McClocklin Youth Service & YCPO Peg Anderson, Chair, Dick Weltzin, Mary Tompkins, Don Borcherding,</section-header>	***Jim Bouquet ***Bob Fiss The Kiwanis Club of Roch (Starting January, 2013)	& HONORARY MEMBERS 651-560-4292 288-7480 ester meets every Thursday at 12 noon at the DoubleTree Hotel e hour. Lunch is a buffet including nd drink for \$12.75
you feel is newsworthy. We are trying to get the newsletter out every other week. It can be effective if you feed in the right information. Feel free to contribute something for publication! Be sure to read the roster once in awhile and report any errors to C. Warren Why not! If you have a computer, why not try to receive the Kiwanis Newsletter via e-mail. It is a quick and easy way for us to get the letter to you on time. We now have 24 ACTIVE members receiving it regularly. They enjoy the ability to get it in COLOR. at www.kiwanisroch.org Dan Carlson Linda Hull & Del Lawson David Nelsen Clare Warren Austin Jorgenson Roger Krsnak, Charlie Graham, Del Lawson, Paul Austinson Public Relations Membership, Growth & Education Roger Krsnak, Charlie Graham, Del Lawson, Paul Austinson Public Relations Manore, Austin Jorgenson, Bonnie Schultz, Bill Kalmes, Bob McClocklin Youth Service & YCPO Peg Anderson, Chair, Dick Weltzin, Mary Tompkins, Don Borcherding, Programs	News	letter Changes
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Human and Spiritual Values	Circles of Service	5
Colleen Maddox Finance Irv Nehring, Chair., , Clare Warren, Bill Kalmes, Linda Hull	Colleen Maddox Finance Irv Nehring, Chair	
Donations/Charities Dave Nelsen, Chair, Scott Oesterle		Nelsen, Chair, Scott Oesterle

<u>www.kiwanis.org</u> WWW.MNDAK.ORG

Kiwanis is a global organization of volunteers dedicated to improving the world one child and one community at a time.



Park Cleanup?

Don't you wish you had lent a hand to pick up trash? Here are June Warren, Mary Tompkins, Linda Hull, (not pictured Clare Warren, Bill Kalmes, Dan Carlson, Hope Carlson.) We think that Dan and Hope had cleaned the park the night before. As you can see, the important fact is that we could meet for food and conversation at Glynner's Pub. See you next time!



Our Resident Movie expert, Ron Ilvedson presented a resume` on the Foreign Film Festival

in town. His report after seeing one was less than enthusiastic. Some are outstanding, so give it a try some year.



April Students of the Month

Kristina Fernandez, daughter of Myrisia and Joseph, has been selected SOM from Mayo High School by the Science Department. She is an outstanding student who goes above and beyond to learn, even outside of the classroom. She has excellent communication and analytical skills in addition to a natural curiosity that fosters learning. Katrina has earned 2 letters and is a section leader in the MHS band. She plays clarinet in the pit orchestra that received an Outstanding ranking from the Hennepin Theater Trust. She is a team leader and has earned the Action Award in the Mayo Clinic Young Volunteers program. She has gotten Maxima Cum Laude and Magna Cum Laude on National Latin exams. Katrina will pursue major in biomedical engineering with a minor in neuroscience, followed by a Ph.D in biomedical engineering with a post doc focus on neural engineering.

Mackenzie Brumley on the right is SOM from Lourdes High School. She attended with her parents Mary & Curtis along with a brother. Her nominator says she is a very passionate person about her work. She is hard working and has a vision for sculpture and working with clay that is rare and a true gift. She uses her class to be creative and also as an outlet to other stresses in life. She is also a leader in this teacher's classes where students ask her advice and questions for their work. She is very patient and encouraging with others and has characteristics of a true leader inside and outside of school.

Extracurricular Activity is art, breeding, showing and training dogs, and working.

She plans to pursue a career in law enforcement, and later go back to school to get a degree and become an art teacher. She will continue working with ceramics as long as she has a facility to work in.



The Hockey Festival Celebration event was held at the Cambria Showroom. Each of the clubs received \$3000 for their CE accounts to do what projects they

choose. Food for Kids received \$2000 to assist in the purchase of dried food products for their project.

Next year the clubs should continue to support the tournament. A lot of good can be done in our community with what we earn.

***Another reminder that next week, May 4, we will be meeting at the Hilton Garden Hotel. Please put that on your calendar and then remember to look at your calendars!



continue on this path......

Glad to see Bonnie back this week. She is looking really well. May her healing shoulder



It is equally nice to welcome back Peg Anderson. She is not returning from surgery, but from extended exposure to

the sun in Arizona. Good to have you both back with us.



Next week on Saturday May 6 we expect to see everyone working on the Pancake Breakfast. The signup sheet is still circulating. Don't forget, it will be held at the American Legion this year! Corner of 1st Ave NW and Civic Center.



"I replace forgotten memories with stuff I make up."

Dating Ads for Seniors, found in

a Florida Newspaper . 'The Villages' Dating Ads

You can say what you want about Florida, but you never hear of anyone retiring and moving north.

These are actual ads seen in "The Villages" Florida

newspaper. Who says seniors don't have a sense of humor.

FOXY LADY

Sexy, fashion-conscious blue-haired beauty, 80's, slim, 5'4' (used to be 5'6'), Searching for sharp-looking, sharp-dressing companion. Matching white shoes and belt a plus.

LONG-TERM COMMITMENT

Recent widow who has just buried fourth husband, Looking for someone to round out a six-unit plot. Dizziness, fainting, shortness of breath, not a problem.

SERENITY NOW

I am into solitude, long walks, sunrises, the ocean, yoga, and meditation. If you are the silent type, let's get together, take our hearing aids out and enjoy quiet times.

WINNING SMILE Active grandmother with original teeth seeking a dedicated flosser to share rare steaks, corn on the cob and caramel candy. BEATLES OR STONES I still like to rock, still like to cruise in my Camaro on Saturday nights and still like to play the guitar. If you were a groovy chick, or are now a groovy hen, let's get together and listen to my eight-track tapes.

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MEMORIES

I can usually remember Monday through Thursday. If you can remember Friday, Saturday and Sunday, let's put our two heads together.

My favorite

MINT CONDITION Male, 1932 model, high mileage, good condition, some hair, many new parts including hip, knee, cornea, valves. Isn't in running condition, but walks well.

AND FINALLY

A lady in the Villages in Florida (a senior retirement community), was sitting on a bench, near another bench with a gentleman sitting on the bench. She asked him if he was new to the community and he said "no, I have owned a condo here for 20 years". She then said "I have been here for 15 years and I have never seen you around!". He then said "I have been in prison for the last 17 years!". She was stunned and finally asked him what he had done. He said that he had murdered his first wife!

She was stunned again and after a long pause she said.

So you're SINGLE???

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Do not regret growing old, it is a privilege denied to many.

"Optimism is going after Moby Dick in a rowboat; chutzpah is taking the tartar sauce with you!"

(Editors note: I started to assemble the Downtowner newsletter in about 2000 and this is the 271 issue. Obviously, it's been fun)